

Here are a few tips we'd like to share with you to help keep you safe over summer.



Only go swimming at properly supervised sites and never go on your OWN.



Always use the Green cross code

Follow the 5 S's of Sun Safety  
Sunglasses  
Suncream  
Shoulders  
Sunhat  
Shade



Always wear a Bike helmet



Tel: 101 non emergency



999 emergency



Remember or have in your phone a number of a trusted adult



Don't play on railway tracks



Don't be afraid to say "NO" to a stranger